

BOULDER-LHASA SISTER CITY PROJECT

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Lhungtse's Checkup & Medicine 14-18 November 2024

In 2013, BLSCP raised \$19,000 to fund brain surgery for Lhungtse, whose eyesight was destroyed in 2005 at age 11 by neurocysticercosis (NCC), a parasitic brain disease. The brain surgery did not restore any of her eyesight but did relieve many of her other symptoms. For the past eleven years, BLSCP has funded her expenses for medical checkups and medicines. Here's the timeline of events for 2024:

- 11-14 Tenpa drove Lhungtse, her mother (Ama la), and Khulu (Lhungtse's younger brother) from their home in Yajiang to Chengdu.
- 11-15 Lhungtse fasted before her blood was drawn during the morning. Then Lhungtse's CT brain scan was performed. Lhungtse's blood test results were received later.
- 11-16 & 17 Lhungtse's CT brain scan results were received. Ama la shopped for items that are either more expensive or unavailable in Yajiang or Kangding.
- 11-18 **Dr. Zeng met in the afternoon with Lhungtse, Ama la, Tenpa, and Khulu and reported good CT brain scan and blood test results.** Tenpa returned Ama la, Lhungtse, and Khulu to their home in the evening.

Dr. Zeng provided this prognosis: (1) **Lhungtse's condition is stable**, (2) she should continue taking the same doses of her two anti-epileptic medicines (Oxcarbazepine: one 300-mg tablet, three times each day; and Clonazepam: 1 mg each night before bedtime), and (3) she should return after one year for another checkup if no new medical issues arise.

For Lhungtse's medical tests, Tenpa again chose AVIC 363 Hospital in the Wuhou District, where Chengdu's main Tibetan population is located. The waiting times there for the test results are reasonable. While in Chengdu, Lhungtse, Ama la, Khulu and Tenpa were able to enjoy some restaurant foods that are not available in their hometown areas.



On November 16, Dr. Li Tiaoying treated Lhungtse, Ama la, and Khulu to dinner. In 2010, Dr. Li diagnosed Lhungtse to have neurocysticercosis (NCC).



On November 18, Dr. Zeng examined Lhungtse in her office at Sichuan Provincial People's Hospital.



Ama la, Lungtse, and Khulu enjoy meals together in Chengdu.

- Thanks to 19 different compassionate donors, we were able to pay for all of the expenses, which totaled 16,750 RMB. This amount is equivalent to \$2,358.05 at our exchange rate of 7.1033 RMB/\$.
- Tenpa did an excellent job of arranging and managing Lungtse's checkup.
- The spreadsheet below itemizes the actual 2024 expenses:

Actual Costs for Lungtse's Checkup & Medicine - November 2024			
	Item	Cost	Total
Travel	Vehicle	1,200 RMB/day	1,200*5=6,000 RMB
	Petrol	300 RMB/fill	300*2=600 RMB
	Toll fees	150 RMB/toll	150*2=300 RMB
	Hotels	250 RMB/room/night	250*2*4=2,000 RMB
	Meals	400 RMB/day	400*5=2,000 RMB
	Guide fees	500 RMB/day	500*5=2,500 RMB
AVIC 363 Hospital	CT scan, blood tests, etc.		488.84 RMB
	surplus held by Tenpa		1,011.16 RMB
Pharmacy	Oxcarbazepine (5 cartons)		762.16 RMB
	surplus held by Tenpa		1,087.84 RMB
Total Amount Raised			16,750 RMB
Pharmacy	Oxcarbazepine (future)	(total held by Tenpa)	3,888.2 RMB
	Clonazepam (future)	(total held by Tenpa)	114.6 RMB